



# WEEKLY UPDATE





# Band Wednesday



**Date:** Every Wednesday

**Venue:** Kenya National Theatre: Wasanii Corner

Band Wednesday is a weekly music event held at the Kenya Cultural Centre every Wednesday. This event showcases a diverse array of musical acts, ranging from emerging talent to established artists. Each week, the stage is set for a fresh lineup of performances covering various genres and styles. The venue provides an intimate setting that fosters a connection between the performers and the audience allowing for an engaging and immersive musical experience.

# PAL

**Date:** Every Thursday

**Venue:** Kenya National Theatre, wasanii Corner

Poetry After Lunch is a platform run by Kenya Cultural Centre incorporating Kenya National Theatre (KCC-NT). The main aim of PAL is to identify, develop and nurture artists' talent through capacity building, networking and partnerships. As a platform, PAL's vision is to develop artists for social-economic stability. It is important to note that PAL not only focuses on spoken word but also integrates other types of performances.



# COMRADES WELLNESS WEDNESDAY

Inuka Kenya Ni Sisi! presents

An evening of healing and unwinding through music, rhythm and community. Come and let us dance stress away.



## COMRADES WELLNESS WEDNESDAY

**Zumba + Live music by Dhamani Band**

Harmony. Healing. Mindfulness #WellnessWednesday

WHEN  
8TH OCTOBER 2025  
2:00 PM TO 6:00 PM

WHERE  
UKUMBI MDOGO,  
KENYA CULTURAL CENTRE,  
HARRY THUKU RD, NAIROBI



## COMRADES WELLNESS WEDNESDAY.

**Date: 8<sup>th</sup> October 2025**

**Venue: Kenya National Theatre: Ukumbi Mdogo**

Take a midweek break and prioritize your wellbeing with Comrades Wellness Wednesday. Join us for an energizing session of Zumba and live music by Dhamani Band, in a vibrant atmosphere of healing, rhythm, and connection.

Let's move, breathe, and dance stress away.

**Don't miss it!**

# MIDNIGHT POETRY

## MIDNIGHT POETRY. TOUR EDITION

**Date: 10<sup>th</sup> October 2025**

**Venue: Kenya National Theatre: Main Auditorium**

Get ready for an unforgettable night of rhythm, words, and emotion! Join Maina Mind for *A Poetry Live Experience*.

Let the magic of poetry meet the pulse of the night.

Mark your Calendars!





# KAGGIA



## KAGGIA

Date: 11<sup>th</sup> and 19<sup>th</sup> October 2025

Venue: Kenya National Theatre: Main Auditorium

Experience a moving theatrical journey that reimagines the nation's history and questions *what might have been*.

Performances will be staged in both **English** and **Kikuyu**, offering a unique cultural experience.

Don't miss this powerful story that blends art, history, and reflection on Kenya's journey.

# BATTLEZONE KENYA VOL 3

## BATTLE ZONE KENYA VOL III.

Date: 12<sup>th</sup> October 2025

Venue: Kenya National Theatre: Ukumbi Mdogo

Get ready for an electrifying Hip-Hop Dance Battle happening on 12<sup>th</sup> October at the Kenya National Theatre, Ukumbi Mdogo.

This is purely, fully, strictly Hip-Hop — don't miss out!







**Looking for space for your talkshow, conference, corporate event or exhibition?**

Book our ultra theatre with the state-of-the-art lighting and sound or scenic outdoor space at Mugumo courtyard today!

Book via eCitizen  
<http://kenyaculturalcentre.ecitizen.go.ke/>



# PARKING SPACE



*For Your Vehicle*

Kenya Cultural Centre incorporating Kenya National Theatre has a solution for you.

We have over 250 parking slots available!



*Safe, Secure & Convenient*



bookings@kenyaculturalcentre.go.ke or  
kenyaculturalc@gmail.com



0742008677



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